

# Express Lunch

WEEKDAYS AND NON-HOLIDAYS  
11:30A.M. - 2:00P.M.

All Dishes Includes  
One Glass of House Lemonade OR Soft Drink

+RMB 15 to Upgrade to Mineral Water  
OR Fresh Juice OR Fresh Brewed Coffee

## My Light Bites to Share

(Beverage not Included)

HUMMUS & ROASTED BELL PEPPERS Whole Wheat Pita, Extra Virgin Olive Oil	68
TZATZIKI Whole Wheat Pita, Extra Virgin Olive Oil	78

## My Salad Bowl

TACO SALAD Romaine, Black Beans, Cheddar Cheese, Red Onion, Sweet Corn, Tomato, Tortilla, Chipotle Lime Dressing, Cilantro	78
THE CUT CAESAR SALAD Romaine Lettuce, Tangy Dressing, Eggs, Croutons, Parmesan	78
CHUNKY MEDITERRANEAN SALAD Chickpeas, Cucumbers, Tomatoes, Red Onion, Garlic, Feta Cheese, Mint, Parsley, Chervil, Lemon, Extra Virgin Olive Oil	78

- All Salads Can Add the Following -

Avocado	+18	Beef	+28
Chicken	+18	Flaked Salmon	+38
Iberico	+68		

## My Grill Skewers

Choice Of White Or Brown Rice

ARGENTINA TENDERLOIN WITH BLUE CHEESE CRUMBLE	198
TOMATO HERB CHICKEN, ARUGULA FENNEL, LEMON VINAIGRETTE	128
LAMB LEG WITH MINT & DILL TZATZIKI	158

## My Rice Bowl

Choice Of White Or Brown Rice

GRILLED VEGETABLE POWER BOWL White Quinoa, Seasonal Grilled Vegetables	78
CHIPOTLE CHICKEN BOWL Sweet Corn Jalapeño Salsa, Pico De Gallo, Crushed Avocados, Lime, Cilantro	88
BBQ BEEF BOWL Zesty BBQ Sauce, Grilled Asparagus, Sweet Corn	88
SHAVED BEEF BOWL Light Soy, Sweet Onion, Garlic Chips, Toasted Sesame Seeds	78
GRILLED SALMON BOWL Grilled Vegetables, Charred Lemon, Smoked Chive Vinaigrette	98
THAI INSPIRED PORK FRIED RICE Thai Basil, Calamansi Lime, Pork Belly, Vegetables, Garlic, Fish Sauce	88

## My Pasta Bowl

IBERICO PORK AND PEPPER PENNE PASTA Pancetta, Braised Iberico Shoulder, Roasted Bell Peppers, Tomato Sauce	78
BROCCOLI AND SPINACH PENNE PASTA Ricotta Cheese, Parmesan	78



# 商务午餐

工作日 (法定假日除外)  
11:30A.M. - 2:00P.M.

所有商务午餐包一杯特调柠檬汁或软饮

+另加15元可升级饮品至矿泉水  
或鲜榨果汁或现磨咖啡

## 轻食分享

(不包含饮料)

- |                          |    |
|--------------------------|----|
| 鹰嘴豆泥和烤甜椒<br>全麦皮塔饼, 初榨橄榄油 | 68 |
| 希腊酸奶黄瓜酱<br>全麦皮塔饼, 初榨橄榄油  | 78 |

## 大份沙拉

- |   |    |
|---|----|
| 德州风味<br>罗马生菜, 黑豆, 车打芝士, 红葱, 甜玉米<br>番茄, 玉米脆, 青柠辣椒汁, 香菜 | 68 |
|---|----|

- |   |    |
|---|----|
| 招牌凯撒<br>罗马生菜, 凤尾鱼汁, 鹌鹑蛋,<br>烤面包丁, 帕玛森芝士 | 68 |
|---|----|

- |   |    |
|---|----|
| 地中海风情<br>鹰嘴豆, 黄瓜, 番茄, 红葱, 大蒜, 斐达芝士<br>薄荷叶, 欧芹, 山萝卜, 柠檬, 初榨橄榄油 | 68 |
|---|----|

- 所有沙拉均可追加以下配菜 -

- |            |           |
|------------|-----------|
| 牛油果 +18    | 牛肉 +28    |
| 鸡肉 +18     | 三文鱼碎肉 +38 |
| 伊比利亚火腿 +68 |           |

## 大碗米饭

白米饭或糙米供选择

- |   |    |
|---|----|
| 能量烤全蔬<br>白藜麦, 烤时令蔬菜                     | 68 |
| 墨西哥辣椒鸡<br>甜玉米辣椒莎莎, 番茄丁,<br>牛油果, 青柠, 香菜  | 78 |
| 烧烤牛肉<br>秘制烧烤酱, 扒芦笋, 甜玉米                 | 78 |
| 薄切牛肉<br>淡酱油, 甜葱, 大蒜脆片, 烘烤芝麻             | 68 |
| 炭烤三文鱼<br>烤蔬菜, 扒柠檬, 烟熏香葱醋                | 88 |
| 优质泰国猪肉<br>泰式罗勒, 青金橘, 五花肉,<br>蔬菜, 大蒜, 鱼露 | 78 |

## 意大利面

- |  |    |
|--|----|
| 伊比利亚黑毛猪胡椒笔尖面<br>意式培根, 闷炖黑毛猪肩肉,<br>烤甜椒, 番茄汁 | 78 |
| 西兰花菠菜笔尖面<br>乳清奶酪, 帕玛森芝士                    | 78 |

## 精选串烤

白米饭或糙米供选择

- |                           |     |
|---------------------------|-----|
| 阿根廷牛柳, 蓝波芝士               | 198 |
| 香料番茄鸡肉, 芝麻菜,<br>新鲜茴香, 柠檬醋 | 128 |
| 有机羊腿, 希腊酸奶酱               | 158 |