

Breakfast Essentials - Available 24 hours!	158
Two eggs prepared either: scrambled, fried or poached	
Two rashers of crispy bacon and two hash browns	
Choice of two pork or chicken sausages	
Two slices of toasted white or whole wheat bread; served with butter and fruit jam.	
APPETIZERS	
Soup of the Day (Chinese or Western)	88
Our Swiss Service team will be happy to advise you.	
Roasted Pumpkin Soup	88
Creamy pumpkin soup sprinkled with roasted pine nuts.	
Seafood Corn Chowder	88
Shrimp, squid, mussels in a creamy sweetcorn and potato soup.	
Smoked Salmon	98
Slices of Alaskan smoked salmon, chilled poached asparagus; watercress, herbed sour cream and a wedge of lemon.	
Chicken Satay	78
Five (5) grilled mini chicken skewers; with sweet and spicy peanut dipping sauce.	
Vegetable Spring Rolls	78
Five (5) spring rolls filled with shredded Chinese cabbage; grated carrot and Shiitake mushrooms; served with Chinese chili sauce, rice vinegar and light soya sauce.	
Swiss-style Alpine Platter	198
Air-dried Bresaola beef, cured coppa ham; and Finocchiona salami; Gruyère, Emmental and Brie cheeses; Pickled baby gherkins and pearl onions; With sliced baguette bread and fig & raisin bread.	

All prices are in Chinese Yuan. All prices include service charge and applicable tax.
If you have any special dietary need or allergy,
please ask for the Duty Manager to assist in your order taking.

SALADS

appetizer regular

All salads are offered as either appetizer or regular sizes

<p>Mixed Seafood Salad</p> <p>Marinated shrimp, calamari rings and scallops on young spinach leaves, shaved red radish and bell pepper, lime and chili vinaigrette</p>	88	148
<p>Avocado and Nut Salad</p> <p>Avocado wedges, arugula, orange segments roasted unsalted nuts, orange and herb vinaigrette</p>	88	148
<p>Grilled Chicken Salad</p> <p>Warm boneless chicken* leg with a salad of apple strips, string beans, cherry tomatoes and frisée leaves, Parmesan-yoghurt sauce</p> <p>* NPG- All natural poultry antibiotic-free and hormone-free</p>	78	118
<p>Vegan Salad</p> <p>Baby new potatoes and carrots, radicchio and fennel salad, roasted sesame seed dressing</p>	68	108
<p>Classic Caesar Salad</p> <p>Romaine lettuce, bacon bits, white bread croutons egg, grated parmesan cheese, Classic Caesar dressing</p> <p>Add grilled salmon fillet (120g)</p> <p>Add grilled salmon fillet (220g)</p> <p>Add grilled half chicken* breast</p> <p>Add grilled whole chicken* breast</p> <p>* NPG- All natural poultry antibiotic-free and hormone-free</p>	68	108
<p>Classic Ham Salad</p> <p>Slices of honey-roasted ham with salad leaves cucumber, cherry tomatoes, radishes, celery shaved carrots, served with Thousand Island dressing and balsamic vinaigrette dressing</p>	78	118
<p>Cheese Platter</p> <p>A wedge each of Swiss Gruyère, Emmental and Brie cheeses with grapes, dried fruits, chutney and fig & raisin bread</p>		198

All prices are in Chinese Yuan. All prices include service charge and applicable tax.
If you have any special dietary need or allergy, please ask for the Duty Manager to assist in your order taking.

SANDWICHES

All sandwiches are served with your choice of Steak fries
French fries or a mixed green salad

The Club Sandwich 118

Chicken, tomato, lettuce, bacon, mayonnaise
on white bread. Served with Steak fries

Beef Steak Sandwich 188

Grilled and sliced beef tenderloin (80g) with horseradish
cream cherry tomatoes, arugula and red onion
chutney, served on a toasted rosemary ciabatta bun

B.L.T. Sandwich 108

Crispy bacon, lettuce, sliced tomato and mayonnaise
on your choice of toasted whole-wheat or white bread

Crispy Chicken Breast Sandwich 108

Deep-fried battered chicken* breast with arugula leaves
chopped gherkins and drizzles of tomato ketchup
served in a toasted rosemary ciabatta bun

* NPG- All natural poultry antibiotic-free and hormone-free

Avocado and Spinach Wrap 108

Spinach, onion, cucumber and guacamole wrapped
in a wheat tortilla

SPECIALTY BURGERS

All our beef burgers listed below are made with 100% Australian Wagyu beef

- | | |
|---|-----|
| The Burger | 198 |
| Beef pattie, lettuce, tomato, mayonnaise and gherkin on a sesame seed bun, Served with Steak fries | |
| The Burger – the Works! | 198 |
| Wagyu beef pattie, crispy bacon, Emmental Swiss cheese lettuce, tomato, gherkin and mayonnaise on a sesame seed bun. Served with your choice of Steak fries, French fries or a mixed green salad | |
| Triple Cheese Burger | 228 |
| Wagyu beef pattie, Emmental Swiss cheese, American Cheddar and Brie on a toasted sesame seed bun
Served with your choice of Steak fries, French fries or a mixed green salad | |
| Double Beef Burger | 288 |
| Double the beef patties and double the bacon with caramelized onions, hickory sauce on a toasted sesame seed bun served with your choice of Steak fries
French fries or a mixed green salad | |
| Tex-Mex Burger | 218 |
| Wagyu beef pattie, American cheddar cheese, avocado lettuce and tomato topped with a fried egg, on a toasted sesame seed bun, served with side of tomato-chili salsa, Served with your choice of Steak fries
French fries or a mixed green salad | |
| Vitality Burger | 168 |
| Made entirely of assorted nuts and seeds, with tomato and arugula, on a toasted sesame seed bun
Served with your choice of Steak fries, French fries or a mixed green salad | |

ASIAN FARE

Hainan Chicken Rice	168
Boneless chicken served with chili paste, ginger paste sweet soya sauce, chicken broth, fragrant ginger rice Chinese green vegetable, seasonal fruits	
Shanghai Noodle Soup	88
Thin wheat-flour noodles in chicken broth with braised egg, chives, Chinese “Qing Cai” leaf vegetable braised Shanghai-style flour sponge with Sweet soya sauce	
Fried Rice	98
Choice of either: pork, chicken or seafood fried rice iceberg lettuce mushroom, egg served with chili sauce condiment	
Indian-style Lamb Korma Curry	188
Lamb korma curry with cherry tomatoes eggplant and coriander; served with steamed rice poppadums and spicy lime chutney	
Wok-fried Chicken	168
Boneless chicken wok-fried in the “Gongbao” style with peanuts	
Wonton Soup	98
Cantonese-style prawn wontons, green vegetable yellow noodles in chicken broth garnished with chopped spring onions	
Rice Congee	98
Choice of either: chicken, beef, pork or fish rice congee with chopped spring onions and crispy shallots, served with traditional condiments and pickles	
Steamed Dim Sum Basket	88
Steamed vegetable and pork dumplings, Har Gao Siew Mai, served with chili sauce soya sauce and rice vinegar condiments	
Fried Noodles	98
Choice of either: pork, chicken or shrimp Wok-fried with Chinese green vegetable and soy sauce; with chili sauce and rice vinegar condiments	

GRILLS & TANDOOR

GRILLS

Grain-fed Qingdao Beef Tenderloin (200g)	288
Grain-fed Australian Beef Sirloin (220g)	368
Grain-fed Qingdao Beef Rib-eye (320g)	368
Alaska Salmon Fillet (220g)	268
Australian Double Lamb Cutlets (250g)	388
Chicken* Breast (160g)	218

* NPG- All natural poultry antibiotic-free and hormone-free

Sides Orders

Sautéed Broccoli	48
Sautéed Spinach	48
Sautéed Mushrooms	48
Sautéed Green Beans	48
French Fries	48
Steak Fries	48
Mashed Potatos	48
Mixed Leaf Salad	48
Steamed Rice	48

Sauces

Please choose your sauce to accompany your grill item:

- BBQ sauce
- Mushroom sauce
- Black pepper sauce
- Rosemary infused reduction sauce

Condiments

Choose Your Condiment:

- French Dijon mustard
- French Grain mustard
- Horseradish cream
- Garlic aioli
- Mint jelly (recommended for double lamb cutlets)

All prices are in Chinese Yuan. All prices include service charge and applicable tax.

If you have any special dietary need or allergy,
please ask for the Duty Manager to assist in your order taking.

DESSERTS

- Swiss Chocolate Cake (gluten-free)** 98
A flourless cake made from almonds, hazelnuts
and Swiss dark chocolate
served with chilled vanilla custard sauce
- Sacher Torte** 98
Slice of triple layered dark chocolate cake flavored
with apricot preserve and
topped with a creamy-rich chocolate glaze
- Swiss Chocolate Brownie** 98
Our own chocolate brownie made with
Swiss dark chocolate and
walnuts, served with vanilla sauce
- Marbled Cheese Cake** 98
Marbled with Swiss milk chocolate
served with a mixed berry sauce
- Raspberry Pudding** 98
A light raspberry mousse pudding
with white chocolate and raspberry sauce
- Two Scoops of Ice Cream** 98
Choose two scoops of the following flavors
Vanilla or Strawberry or Panna cotta
or Chocolate or Maple syrup or Tiramisu
- Seasonal Fruits** 98
Wedges of seasonal fruit with berries
- Cheese Platter** 198
A wedge each of Swiss Gruyère, Emmental
and Brie cheeses with grapes, dried fruits, chutney
and fig & raisin bread

VITALITY APPETIZERS

- 
Tomato and Mozzarella Salad 88
 Three varieties of cherry tomatoes, sliced Buffalo Mozzarella cucumber, basil leaves and Extra Virgin Olive Oil
 27% protein, 24% fat, 8% carbohydrate, 167 kcal
- 
Poached Salmon Salad 98
 Salmon fillet poached with white wine and lemon then chilled, and served with a little salad of new potatoes in a low fat yogurt and dill dressing
 23% protein, 11% fat, 26% carbohydrate, 194 kcal
- 
Avocado and Chicken Salad 88
 Salad of avocado, barley, apple strips and roasted chicken* served with honey-mustard dressing
 * NPG- All natural poultry antibiotic-free and hormone-free
 34% protein, 24% fat, 58% carbohydrate, 302 kcal
- 
Shrimp Salad 88
 Shrimp and grape salad with shaved fennel slices, bell peppers cherry tomatoes, topped with parmesan cheese
 45% protein, 18% fat, 26% carbohydrate, 182 kcal

VITALITY MAINS

- 
Seafood Spaghetti 188
 Sautéed shrimp, cuttlefish and mussels tossed with spaghetti and tomato-basil sauce, sprinkled with fresh parsley
 35% protein, 5% fat, 50% carbohydrate, 420 kcal
- 
Grilled Chicken 188
 Grilled boneless chicken* leg with apple chutney, served with couscous, broccoli and tomato salsa
 * NPG- All natural poultry antibiotic-free and hormone-free
 25% protein, 9% fat, 20% carbohydrate, 271 kcal
- 
Vitality Burger 168
 Made entirely of assorted nuts and seeds, with tomato and arugula, on a toasted sesame seed bun
 Served with mixed leaf salad
 22% protein, 48% fat, 16% carbohydrate, 627 kcal
- 

Pan-fried Beef Tenderloin 288
 Pan-fried beef tenderloin sprinkled with sea salt and cracked black pepper, served with crispy salad leaves and olive oil vinaigrette
 22% protein, 2% fat, 4% carbohydrate, 248 kcal

VITALITY DESSERTS

- 

Mixed Nut Pie 98
 A slice of pie made with walnuts, almonds, peanuts hazelnuts and pine nuts combined with honey and mango sauce
 22% protein, 45% fat, 18% carbohydrate, 698 kcal
- 
Panna Cotta 98
 Orange flavored panna cotta on a bed of fruit salsa, with kiwi syrup
 20% protein, 21% fat, 52% carbohydrate, 478 kcal
- 
Dragon Heart Smoothie 88
 A smoothie made from longan fruit, bananas and coconut milk
 5% protein, 12% fat, 27% carbohydrate, 322 kcal

 Vegetarian

 Lactose free

 Gluten free

All prices are in Chinese Yuan. All prices include service charge and applicable tax.
 If you have any special dietary need or allergy,
 please ask for the Duty Manager to assist in your order taking.